



THE CONNECTION



2020 - 2021 IMPACT REPORT

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HOUSING & PROGRAMMING

6

HOUSING 2021

In 2021, we provided housing for 6 men transitioning out of the RSAT Program.

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HOUSING 2022

As of February 2022, we are providing housing for 3 women and 6 men who are justice-involved. Through building new community partnerships, our goal is to continue to place our peers in safe housing throughout 2022 and beyond.

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RSAT 2021

We are also thankful we had the opportunity to provide relapse prevention and recovery support services for the first 3 cohorts completing the RSAT program in the Forsyth County jail.

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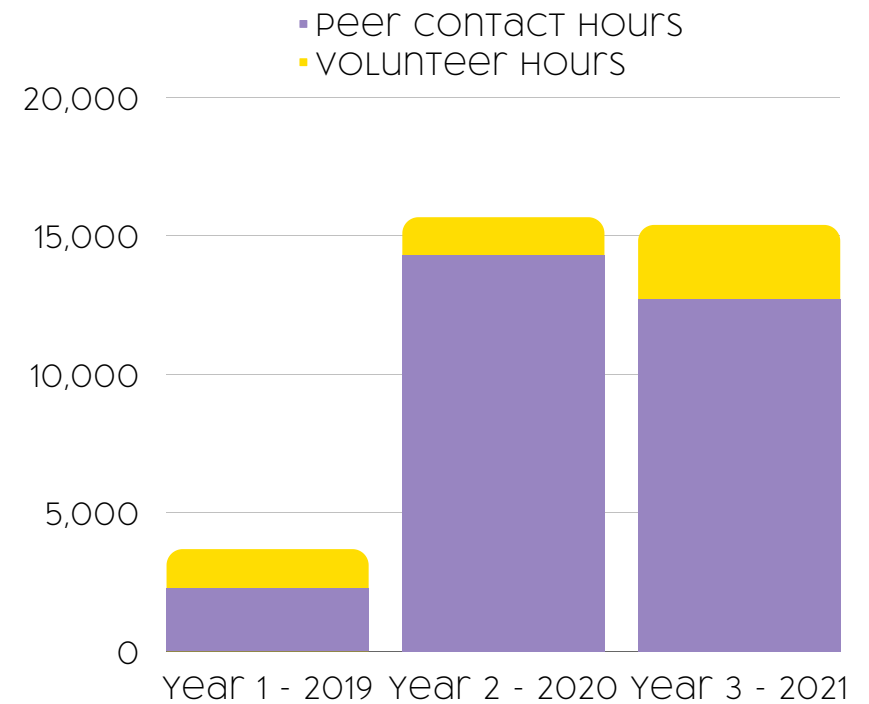
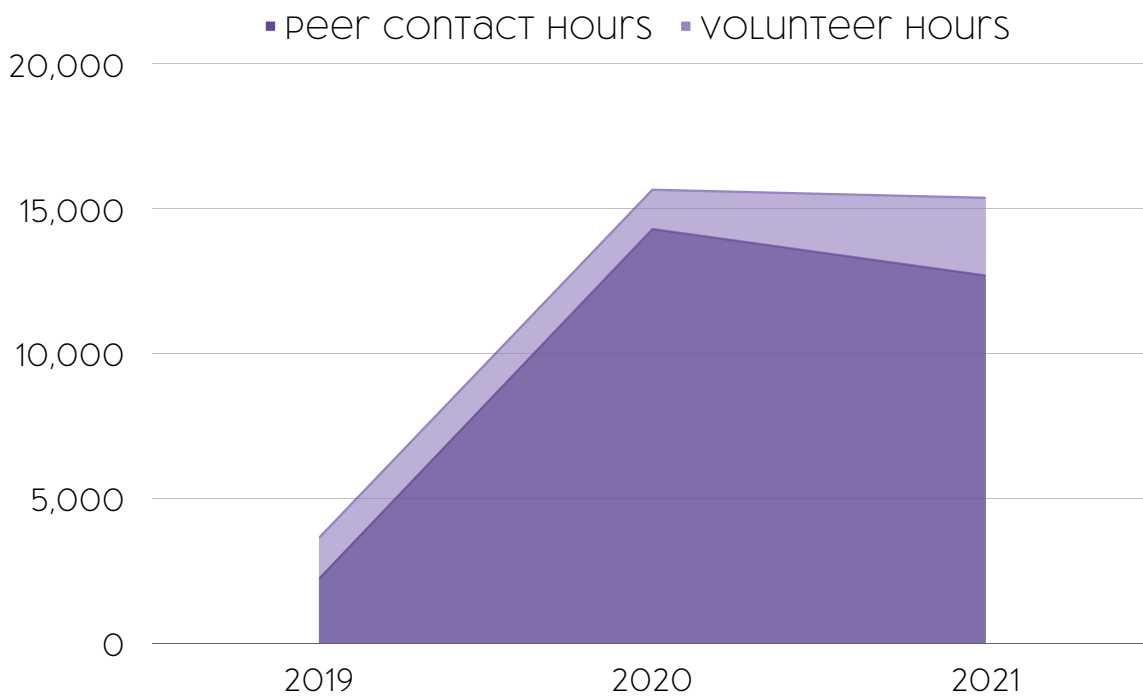
WELLNESS FOR FAMILIES IN RECOVERY WEEKEND

The impact of COVID-19 on the mental health of the peers and families we serve is more evident every day. To address this in the recovery community, we held our first Wellness for Families in Recovery Weekend in November, 2021. Ten families shared the experience of creative mindfulness, learning about the science of trauma and tools for recovering from Adverse Childhood Experiences (ACE's), family communication and equine therapy.

CONTACT HOURS

IN 2021, RECOVERY SUPPORT MEETINGS AND PEER-TO-PEER COACHING RESUMED FACE-TO-FACE AT THE CONNECTION.

DESPITE THE DECREASE IN ATTENDANCE IN OUR ONLINE MEETINGS AND FEARS ABOUT COVID-19 EXPOSURE, THE CONNECTION'S STAFF PROVIDED 15,375 PEER CONTACT HOURS, INCLUDING 2,678 VOLUNTEER SERVICE HOURS.





THE CONNECTION



“ TAKING WITH US THE LESSONS LEARNED IN THE FIRST 2 YEARS, IN 2022 WE EXPAND OUR FOCUS ON WELLNESS THROUGH RECOVERY.

NEW IN 2022

IN EARLY RECOVERY, OUR PRIMARY GOAL IS TO REMAIN ABSTINENT AND BEGIN TO GET BETTER AND LIVE BETTER LIVES. ONCE WE ACHIEVE SOME SUCCESS, WITH CONTINUED SUPPORT FROM THE RECOVERY COMMUNITY, WE EXPAND INTO WELLNESS. THE CONNECTION WILL EXPAND WITH OUR PEERS.

IN 2022, WE NOT ONLY GET BETTER, WE GET WELL.

THROUGH COMMUNITY PARTNERSHIPS AND A STRONG VOLUNTEER PEER ACTION COMMITTEE, THE CONNECTION WILL OFFER

- NEW CLASSES ON PARENTING
- A NEW CREATIVE MINDFULNESS CURRICULUM
- TRAUMA-INFORMED YOGA
- MORE MENTAL WELLNESS FOCUSED RECOVERY MEETINGS
- MORE WELLNESS FOR FAMILIES IN RECOVERY PROGRAMMING
- A RETREAT FOR MOTHERS
- MORE SOCIAL OUTINGS AND EVENTS TO ADDRESS RECOVERY, MENTAL, RELATIONAL, SPIRITUAL, AND PHYSICAL HEALTH.

2022 STRATEGIC GROWTH DRIVERS

GROW & DIVERSIFY SUPPORT FOR THE MISSION

2022 GOAL

GROW AND DIVERSIFY FUNDING SOURCES THAT LEAD TO FINANCIAL STABILITY AND MISSION.

THE CONNECTION IS IN A UNIQUE POSITION TO EFFECT REAL CHANGE IN FORSYTH COUNTY'S ADDICTION CRISIS THROUGH EFFECTIVE AND EFFICIENT PROGRAMMING AND COMMUNITY EDUCATION. BY INCREASING FINANCIAL RESOURCES TO SUPPORT OPERATIONS AS WELL AS ENGAGING IN A CAPITAL CAMPAIGN TO FUND A PERMANENT LOCATION FOR THE CONNECTION, MANY MORE INDIVIDUALS IN RECOVERY WILL RECEIVE THE RESOURCES THEY NEED TO THRIVE.

EXPAND WELLNESS-FOCUSED RECOVERY

2022 GOAL

DEVELOP AND EXPAND WELLNESS-FOCUSED RECOVERY SERVICES TO ADDRESS THE NEEDS OF INDIVIDUALS AND FAMILIES.

EMBRACING WELLNESS NOT ONLY BUILDS HABITS THAT AID IN OVERCOMING ADDICTION, IT ALSO IMPROVES THE QUALITY OF LIFE FOR THOSE CHOOSING TO LIVE IN RECOVERY. WHEN WE HAVE OUR EMOTIONAL, PHYSICAL, SOCIAL, SPIRITUAL AND FINANCIAL NEEDS MET, OUR CHANCES OF PREVENTING RELAPSE AND MAINTAINING RECOVERY LONG-TERM GREATLY INCREASES.

EDUCATE & COMPEL COMMUNITY STAKEHOLDERS

2022 GOAL

DEVELOP A CLEAR COMMUNICATION STRATEGY THAT EDUCATES AND COMPELS RESIDENTS TO ENGAGE WITH THE CONNECTION.

A COMMUNITY UNAWARE OR LIVING UNSUPPORTED WITH ADDICTION, MENTAL HEALTH AND SUBSTANCE MISUSE CHALLENGES CANNOT FULLY SOLVE ITS PROBLEMS. EDUCATION AND COMPELLING COMMUNICATION DECREASES STIGMA AND INCREASES SUPPORT SERVICES FOR THOSE IN RECOVERY AND THEIR FAMILIES.